

SMS ratings

Obtain as much client history as is reasonable in the circumstances to get an idea from the client or from others, of previous functioning, prior trauma etc., sufficient information to estimate SMS ratings on a 5 point scale 1-5 Lo to Hi (S=Severity, M=Motivation, S=Strengths). In addition to the nature of the trauma, gauge risk factors & decide whether it is appropriate to proceed with EMDR processing with this client at this time. If possible administer the Impact of Events Scale (IES-R) as part of the evaluation.

Summary of SMS ratings based on all information obtained & clinical impression

S=Severity (Lo) 1 2 3 4 5 (Hi)

M=Motivation (Lo) 1 2 3 4 5 (Hi)

S=Strengths (Lo) 1 2 3 4 5 (Hi)