

R-TEP PHASES FOR TREATMENT

Phase 1 – Intake History, brief description of event, establishing beginning, middle, and end.

Phase 2 – Preparation – Safe place, internal & external resource connections – four elements

Phase 3 – Episode Narrative with BLS

G-search with BLS – id PODs (Point of Disturbance)

Image – NC – PC – VoC – Emotion – SUDs – Body (all with BLS) (+ - Validity)

Phase 4 – Processing with BLS (expandable)

Phase 5 – Install PC for each target when SUD is ecological

Phase 6 – Body Scan after all targets have been processed

Phase 7 – Strong closure at the end of the session. (repeat 4 elements) Resource connections & grounding.

Phase 8 – Next session – check for remaining PODs using G-search

(if the event clears proceed to installation)

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