



4. I can do something really well one time and then I can't do it at all another time.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

5. People tell me I do or say things that I don't remember doing or saying.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

6. I feel like I am in a fog or spaced out and things around me seem unreal.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

7. I get confused about whether I have done something or only thought about doing it.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

8. I look at the clock and realize that time has gone by and I can't remember what has happened.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

9. I hear voices in my head that are not mine.

0 1 2 3 4 5 6 7 8 9 10

10. When I am somewhere that I don't want to be, I can go away in my mind.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

11. I am so good at lying and acting that I believe it myself.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

12. I catch myself "waking up" in the middle of doing something.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

13. I don't recognize myself in the mirror.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

14. I find myself going somewhere or doing something and I don't know why.

0 1 2 3 4 5 6 7 8 9 10  
(never) (always)

