

**Westchester, NY Trauma Recovery Network**

**EMDR HUMANITARIAN ASSISTANCE PROGRAM**

**CONSENT FOR TREATMENT**

When you work with a therapist from the HAP Trauma Recovery Network you will receive brief (up to 5 sessions), single incident EMDR trauma treatment. EMDR involves recalling an event while experiencing rapid bilateral stimulation (eye movements, tones or tapping) to facilitate the process. The EMDR-related procedures will be fully explained to you prior to beginning treatment. If it is determined that you could benefit from a more comprehensive treatment program or referral for a more intensive psychiatric treatment, your therapist will discuss with you with referrals and treatment options. Working with another therapist or treatment provider will most likely involve using your health insurance or negotiating a fee.

In the first meeting, you and your therapist will discuss treatment goals and inform you as to the number of pro-bono sessions you will have available to you. .

If you have any medical issues that might impair your ability to take part fully in treatment, you should contact your medical provider to get clearance for participating in EMDR. If you have any legal issues that might be impacted by your treatment, you should contact your attorney to discuss this form of treatment and get clearance for participating in EMDR.

You have been provided with a copy of the therapist's Notice of Privacy Practices. If you have questions regarding the Privacy Notice or your privacy rights, you should speak to your therapist.

Your signature below will indicate that you understand and accept the terms of this agreement.

Client Name: \_\_\_\_\_

Client/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_